



# ILM Level 7 Executive Coaching and Mentoring Qualification

The ILM Level 7 Programme in Executive Coaching and Mentoring is amongst the ILM's most senior qualifications. It provides managers and consultants (both practising and aspiring) the opportunity to develop as leading practitioners in their field.

The programme is delivered using learning approaches which are designed to meet individual and group needs. The programme is demanding and supportive, allowing individuals to grow and learn together. You will gain detailed understanding of the coaching contract, the knowledge and skills required to deliver results for individual clients. The programme has its foundations in the practice of coaching in a supervised and supportive setting.

You will leave the programme with the knowledge, skills and confidence to perform effectively as coaches or mentors as part of your normal work role or as independent professional coaches and mentors.

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**“Judith is the most inspirational, generous, life-enhancing person I have ever come across, and being coached by her has been a truly transformative experience for me”**

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*JTR, Newcastle upon Tyne*

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## Attendance

The programme will be delivered as follows:

- Induction webinar - 1 hour
- Tutorial webinars - 4 x 1 hour
- One to one tutorials - 4 x 1 hour
- One-to-one supervision sessions - 2 x 1 hour
- 3 x 2 days course attendance

## Course Content

Learning will be delivered through group learning, action learning and one-to-one tutorials. Content will include:

- Foundations of leadership coaching
- Goal setting and commitment
- Leadership coaching skills
- Self awareness in coaching
- Planning and practice
- Understanding preference
- Group sessions, pre- and post-session learning
- Critical review of own ability to perform effectively as a leadership mentor or executive coach
- Peer Mentoring

## How is the course assessed?

Assessments will include:

- research project 4,000-5,000 word assignment
- a coaching and mentoring diary
- reflective review
- CPD Log

There are no examinations. There is a minimum attendance requirement of 80%

“Alongside her considerable insight, gained through working at the highest level, Judith brings with her a certain calm in engaging and bringing about positive, measurable change. It is her enthusiasm for supporting people in living both extraordinary business and personal lives that marks her out as someone special.”

*SL, Cambridgeshire*

## Benefits of the Programme

### For you

- Increased high level coaching and mentoring skills that you can use where you are or in career development
- The ability to reflect critically upon, and evaluate your own coaching practice
- Increased confidence in your role of Coach and Mentor

### For your Organisation

- More effective coaching and/or mentoring
- Increased organisational ability to deliver results by adopting a culture of coaching and mentoring
- Measurable results from the coaching or mentoring you deliver

### For your Clients

- A more confident and relaxed Coach/Mentor, delivers more powerful coaching and mentoring – leading to greater personal satisfaction of the client

## Entrance Requirements

There are no formal entry requirements but participants will normally be practising senior managers or Executive Coaches and Mentors. They should have successfully completed an ILM Level 5 qualification in Management, or higher, or have an equivalent qualification. Exceptional learners with no formal qualification in management, but who have several years' experience and have completed some formal training in the role, may also participate.

## What qualification(s) can be gained?

On successful completion of the programme and assignments you will receive the ILM Level 7 Diploma in Executive Coaching and Mentoring. This is a level 7 postgraduate qualification.

If you opt to deliver only 20 coaching hours you will only be eligible for the Postgraduate Certificate. For the Postgraduate Diploma you will need to undertake 100 coaching hours.

## Talk to us today

For an informal chat about the programme, call us on 01785 613962 or call Judith Cashmore-James – Programme Director on **07779 718067**, or email her on [judith@touchstoneassociates.co.uk](mailto:judith@touchstoneassociates.co.uk)

## Price

**£2,250 inc VAT**

This includes all supervision and tutorial sessions.

## ILM Level 7 Certificate in Executive Coaching and Mentoring and ILM Level 7 Diploma in Executive Coaching and Mentoring Units

Unit Reference	Unit Title	Unit GLH	Credit Value
8581-700 (D7.01)	Understanding the context of coaching and mentoring in a strategic business environment	14	5
8581 – 702 (D7.04) -	Undertaking an extended period of supervised coaching or mentoring at senior or strategic level – (100 hours for Diploma)	20	30
<b>8581-703</b> (D7.02)	Reflecting on your own ability to perform effectively as a coach or mentor practicing at senior level	21	5